

2019 Service Team Information

Peru



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About Kids Alive International

For over 100 years, our purpose has remained the same: to find and rescue helpless children from dark corners of the world and restore their hope and dignity, giving them the tools for a successful life and an introduction to the Gospel of Jesus Christ.

The work of Kids Alive varies widely depending on the local cultures and unique needs on our fields, but we minister in five major ways:

- Quality education in Christian schools, the only reliable exit from generational poverty
- Care centers that offer nutritional help, academic assistance, Bible teaching, and loving nurture from Christian caregivers
- Medical clinics that help give kids a healthy start, offering vaccinations and medical exams that uncover and treat health threats early
- Family-style residential homes for orphans and other homeless children or children who aren't safe in their own homes, staffed by Christian house parents and functioning much like a traditional family
- "Keeping Families Together": We believe a child's best option is to remain in their own home when possible. In cases where a family is willing but not capable of meeting basic needs, Kids Alive works to fill in the gaps, giving the child nutritional, medical, and educational help while allowing them to remain at home.

Kids Alive also operates urgent programs in several countries, rescuing and caring for girls who are victims of sexual abuse and many who, as a result, are pregnant and hurting. We guide these girls through preparations to become loving mothers and provide counseling to help them heal. And we work with partners like International Justice Mission to bring their abusers to justice.

Kids Alive maintains the highest ratings with organizations that monitor nonprofits. We have been blessed to receive Charity Navigator's highest possible ratings, 16 years in a row, for financial accountability and efficiency, and we hope this gives you confidence that your service with Kids Alive will help bring lasting change to some of the neediest kids in the world.

If you are passionate about rescuing at-risk children, get to know us and find out how you can help!

Our Vision

Kids Alive International is a Christ-centered organization that believes every child deserves to live free from the bondage of hunger, abuse, and exploitation.

Our commitment to this Biblical truth compels us to deliver life's essentials and with the same compassion and excellence that we would want for the children in our lives.

We rescue and provide for orphaned and forgotten children one at a time, but we accomplish so much more. Together, we empower families and communities by developing local and international partnerships and sharing the faith, knowledge, and infrastructure that creates self-sustaining legacies of transformation.

Our Mission

Kids Alive International is a Christ-centered mission dedicated to rescuing orphans and vulnerable children – meeting their spiritual, physical, educational, and emotional needs.

All of the children in our care were orphaned, abandoned, abused, or exploited, many living on the streets, and victims of poverty, disease, or war. Kids Alive rescues these children – one at a time – and cares for them holistically in our schools, care centers, and family-style residential homes. Our goal is to give each child the care and programs best suited to their individual needs.

Service Team Overview

Purpose

It's our desire to enter into deeper partnerships with churches, schools, and other organizations who are looking for meaningful outreach and service to be one distinctive of an ongoing partnership with Kids Alive. We provide opportunities to help Christians follow our Lord's call to compassionate ministry and outreach and to be the hands and feet of Jesus. We call these opportunities "Service Teams"! Our purposes are to:

- **Facilitate spiritual growth** – Service Teams are an opportunity for glorifying God through practical service, and they create time and space through the whole process for an intentional focus on spiritual growth in the lives of team members.
- **Enhance partnerships** – Service Teams allow for personal experiences that strengthen and demonstrate the effectiveness of their partnership. They result in first-hand knowledge that encourages members to increase their awareness of children's needs and how they might help fulfill these needs.
- **Minister to people in need** – Service Teams provide practical assistance in helping Kids Alive to accomplish our long-term, life-changing goals among the children and communities where we work.

Examples of Opportunities

Opportunities for service vary widely and there's space for all kinds of skills and talents. Needs include:

- Facility construction and maintenance (houses, chapels, classrooms, grounds)
- Special children's activities (VBS, sports, music, English)
- Teacher and parent training
- Medical, dental, and optical care, and general health education



How Teams Assist with the Mission of Kids Alive International

Kids Alive is a global Christian organization focused on transforming the lives of vulnerable children and on long-term development of the communities in which we work. We accomplish this by giving individual children the tools and skills to become contributing members of the community around them and introducing them to the God who loves them.

Kids Alive missionaries around the world and the Service Teams who share their time and talents on our fields enable nearly 800 national staff to be primary teachers, site directors, and house parents, all of whom share the same culture and background as the kids to whom they are ministering. North American missionaries, who raise funds for their own support, generally fill more specialized roles, such as team leaders, sponsorship coordinators, English teachers, and regional directors.

Service Teams work alongside national staff and employees – not in place of them – to accomplish long-term tasks. Specific training allows specialized instructors to contribute knowledge to national staff, who are the long-term connection to the students and residential children.

VBS programs are done in conjunction with local churches or ministries, in order to provide follow-up and long-term relationships. Teams build healthy relationships with students and staff during their trip, which provide mutual encouragement and support. We strive to find teams that will help the ministry through methods that are sustainable and effective, not paternalistic, overbearing or forced.

Flexibility is key! We're looking for teams that partner with us in ways that fit the current needs on each field and that help us achieve the long-term goal of rescuing at-risk children and transforming their lives and their communities to glorify God.

Team Leaders

Team leaders will play a vital role in making this trip happen! They will communicate with the Kids Alive home office and the missionaries or staff where they will serve. They will assist team members in completing necessary paperwork, raising funds for the group, and helping to create an encouraging group dynamic during pre-trip meetings. Team leaders could also think about delegating some tasks to other team members, such as daily devotions, chore schedules, VBS planning, construction project coordination (alongside of missionaries or national staff), etc.

Read “Qualifications of a Team Leader”: <https://www.kidsalive.org/serve/forms-and-resources/>

THANK YOU for the work you will do as a team leader, and for assisting team members and missionaries to work together effectively in order to serve the children of Kids Alive and edify the Kingdom of God. Please let us know if we can ever help with anything! We look forward to working with you!

Team Guidelines

Team Size

A group of 8-15 is an ideal number for teams to Lima and for our site in Andahuaylas. Teams going to Pucallpa can range from 8-20.

Teams of fewer than 8 people might be required to pay an extra \$500 fee, and need a Country Director's approval. Teams larger than our suggested sizes might be possible, especially in Pucallpa, but will require special permission. Please ask us before planning a trip outside of these sizes.

Team Member Requirements

Service Team members must:

- Possess a Christian faith, or a willingness to respect and engage with the Christian faith (see our Statement of Faith at www.kidsalive.org/meet-kids-alive/about/what-we-believe/)
- Desire to see what God is doing in the lives of vulnerable children
- Have a heart to serve kids, national workers, missionaries, and fellow team members
- Be 13 years of age or older – younger participants (10-12) must be pre-approved by our field staff and your team leader and be accompanied by at least one of his or her parents (participants as young as age 6 may be allowed if the trip is specifically designed and approved as a “family team”)
- Sign and adhere to our Child and Vulnerable Adult Protection Policy

Child and Vulnerable Adult Protection Policy

Kids Alive International takes the protection of our children very seriously. We believe children have the right to a happy, healthy, and secure childhood, and that child abuse in any form is an atrocity that is never acceptable. As your team serves with Kids Alive, please follow proper protocols and follow the guidance of our field hosts and national staff in interacting with the children. Anyone found in violation of our policies, misrepresenting themselves or their intentions, abusing children, or placing them in unnecessary risk will be sent home at their own expense.

All Service Team members must agree to have a Background Check performed as a condition of eligibility to serve.

Kids Alive does not publish actual names of children in our fields with the photographs we use in our publications, and we ask that Service Team members NOT publish actual names of children or staff in our ministries on your website, blog, social media, printed publications, or media presentations.

By setting common expectations, we assure that we are ministering with wisdom, and that we are all accountable to protect kids and treat them as Jesus would want us to treat them.

For more information: www.kidsalive.org/meet-kids-alive/about/#childprotection

Team Member Responsibilities

First and foremost, we encourage you to pursue your personal relationship with Jesus Christ. **Second**, we invite you to step into the life of our ministry, and to develop a healthy and life-impacting relationship with the children, missionaries, staff, and caregivers. **Third**, we ask that you seek to better understand the global needs of the millions of children living in at-risk situations and consider what long-term role God might have for you in working with these children. **Fourth**, we encourage you to act as a servant to the other participants on your team, the national staff, and missionaries, in order that your brief stay might serve as a long-term encouragement to the work. **Finally**, we ask that you be respectful of the local church and its customs and standards that might be different from yours.

By actively focusing on these priorities, we believe that you will appreciate your experience more, and make a bigger impact. Our prayer is that God will work in you and through you while you serve with Kids Alive!



2019 Trip Costs – Peru

ONE-WEEK TRIP TO PUCALLPA:

\$485
\$390
(Variable)

\$875/person

Kids Alive in-country costs
Kids Alive Child Care and Rescue funds
Airfare + other expenses (see below)

ONE-WEEK TRIP TO LIMA/ANDAHUAYLAS: \$950/person

\$570
\$380
(Variable)

Kids Alive in-country costs
Kids Alive Child Care and Rescue funds
Airfare + other expenses (see below)

TWO-WEEK TRIP TO PUCALLPA:

\$740
\$460
(Variable)

\$1200/person

Kids Alive in-country costs
Kids Alive Child Care and Rescue funds
Airfare + other expenses (see below)

TWO-WEEK TRIP TO LIMA/ANDAHUAYLAS: \$1200/person

\$770
\$430
(Variable)

Kids Alive in-country costs
Kids Alive Child Care and Rescue funds
Airfare + other expenses (see below)

In-country costs paid to Kids Alive include transportation to and from airport, local transportation, food, lodging, and special activities, as well as the construction materials or funds for the projects or programs where your team will be working.

Child Care and Rescue funds help us to continue rescuing and providing quality care to orphans and vulnerable children. They may also be used to enable our current programs to grow, and even to develop new programs. By serving on a team, you help ensure long-term care for our kids as well as our facilities and programs!

Variable costs will need to be paid by the team and/or team members outside of KAI fees, to cover the costs of all flights, passports, immunizations, souvenirs, international medical insurance, team preparation materials, and any baggage fees.

You will NOT need to purchase a tourist visa when entering Peru.

Reminder: Teams of fewer than 8 people may be required to pay an extra \$500 fee, and need the Country Director's approval.

**The two-week trip option may not always be available, particularly during our high-demand months. Please ask!*

Building Block Options

Additional costs apply for your team to add...

Overnight in Lima guest house en route to or from Pucallpa or Andahuaylas rather than staying in the airport overnight. (size limit of 15) **\$60/person each way**

Visit Machu Picchu – Your team would make its own arrangements for either before or after your time serving with Kids Alive. **Costs vary.**

These excursion options are added to the base cost listed above. All team members would participate in these building block options together. Options should be decided and communicated to Kids Alive at least 60 days prior to your trip, and paid for in your final installment.

Travel Information

Flights

- Please book flights that arrive *before 10:00 pm* and depart *after 7:00 am* if possible.
- For safety reasons, teams failing to arrive/depart within these times may be required to cover the additional cost of a hotel near the airport or a paid transportation service.
- All team members must arrive and depart on the same flight, unless you have prior approval for separate flights.
- It is required that you confirm all flight plans *before purchasing tickets*. Confirm with the KAI office, serviceteams@kidsalive.org (219-464-9035) or with your Service Team host.
- After flight tickets are purchased, please send us your final flight itinerary and total flight costs.

LOCATION

AIRPORT OPTIONS

Lima (LIM)

Fly into Lima (LIM)

Pucallpa (PCL)

Fly into Pucallpa (PCL) – This will require a layover in Lima. It's best to find a single airline for your whole itinerary, which is now possible from many major airports. Check with LATAM: www.latam.com/en_us

If you must fly to Lima and then transfer (not recommended):
Star Peru: www.starperu.com/en
Peruvian Airlines: www.peruvian.per/en

Andahuaylas (ANS)

Fly into Andahuaylas (ANS) – You may switch airlines in Lima. From Lima (LIM) to Andahuaylas (ANS)
LCPeru: www.lcperu.pe

Recommended Travel Agents

- Airline group booking agents – this usually works best with groups of 10 or more
- Raptim Travel Agents
 - Groups of 10 or more – groups2.us@raptim.org 716-754-9232 ext. 95018
 - Small groups or individuals – inspire1.us@raptim.org 716-754-9232 ext. 95011
- High Point – www.highpointgo.com – Nick Kryfko – nick@highpointgo.com 972-284-1358

Passports

All team members must have a current passport to travel. It is recommended to have at least six months remaining before expiration and two open pages. Those who need to apply should begin immediately.

For more information: <http://travel.state.gov>

Immunizations

Kids Alive encourages team members to use the CDC's website and follow their physician's recommendations to determine what immunizations are necessary. Please note that many immunizations may be available at your local health department for a reduced rate.

For more information: <https://wwwnc.cdc.gov/travel/destinations/list>

International Health Insurance

Every Kids Alive short-term missionary and Service Team member must have health insurance. If you need accident and health coverage outside the US, or wish to purchase travel insurance, you may enroll in a temporary insurance package specifically for short-term service. We are partnering with MissionTripInsurance.com to offer two different plans to our teams.

For more information: www.missiontripinsurance.com/kids-alive/

Arrival in Lima

The first line you are in will be to check your passport and take the tourist visa you filled out on the plane. Then you can find a cart and go to pick up your luggage. Your bags will need to be put through an x-ray scanner as well before exiting the customs area.

We do not anticipate that you will have any trouble with your luggage, but it is wise to separate any items you may have several of and remove tags from new items. If for some unforeseen reason there is no one from Kids Alive Peru waiting for you upon arrival, please wait INSIDE the airport, in a group, protecting your luggage until we arrive. Always be observant and aware of conditions around you.

Lost Luggage

If your luggage does not arrive with you at the airport, file a report with your airline representative located near the luggage area. Use the address and phone numbers listed on the Emergency Contact Information document! If you don't know who else to contact or don't have access to the Emergency Contact Information document, Country Director Dan Anderson's cell phone number is (011 51) 996-933-512.

Forms and Team Member Paperwork

All paperwork must be filled out, submitted to team leaders, and returned to Kids Alive at least 30 days before travel, along with the team's final payment:

- **Team Roster** – filled out by the team leader
- **Child and Vulnerable Adult Protection Policy** – filled out by ALL team members and returned to Kids Alive
- **Liability Release and Agreement** – filled out by ALL team members and returned to Kids Alive
- **Background Check Release** – filled out by each adult team member (over 18 at time of travel) and returned to Kids Alive
- **Medical Information Form** – not for submission to Kids Alive; to be carried by team leader during trip
- **Letter of Parental Agreement** – not for submission to Kids Alive; to be carried by team leader during trip for each minor (under 18 years old)

For more information: <https://www.kidsalive.org/serve/forms-and-resources/>

Emergency Contact Information

An Emergency Contact Information document will be sent to each team leader 60 days before travel with the most up-to-date information.

A general Risk Assessment for your country of service is available for team leaders as well – just ask!

Recommended Books and Resources

- Helping Without Hurting in Short-Term Missions: Leader's Guide (Steve Corbett and Brian Fikkert): [Order here](#) – This book is very highly recommended for all team leaders and members!
- When Helping Hurts: Alleviating Poverty Without Hurting the Poor...and Yourself (Steve Corbett and Brian Fikkert): [Order here](#)
- Short-Term Missions Workbook (Tim Dearborn): [Order here](#)
- Cross Cultural Servanthood: Serving the World in Christlike Humility (Duane Elmer): [Order here](#)
- Before You Pack Your Bag, Prepare Your Heart (Cindy Judge): [Order here](#)
- Sticky Faith Service Guide (Kara E. Powell and Brad M. Griffin): [Order here](#)
- Standards of Excellence in Short Term Missions: www.soe.org
- Christian Alliance for Orphans (CAFO): <https://cafo.org/>
- ACCI Missions and Relief: https://www.accimissions.org.au/short_term_missions

Once your team size is finalized and you're ready to begin your training meetings, please contact us to receive our new Kids Alive Service Team handbook, *Creating Effective Service Team Experiences*. This handbook will be a valuable companion from the time you've decided to join a team, to individual and team preparation for your trip, through the on-field experience, and continuing through your return to the US and continuing engagement with the work of Kids Alive.



Packing Suggestions

General

- Emergency contact information for your time on the field and your family at home
- Passport (also, bring a second copy and leave a copy at home)
- Money for airport meals, souvenirs, and drinks/snacks
- First Aid kit with antibiotic, bandages, anti-diarrhea medication, Tylenol, sunburn treatment, any needed prescription medicine
- Family photos to share with children and/or during community visits
- Ministry materials prepared for children's programs or events
- Alarm clock
- Bible, journal, and pen
- Flashlight
- Camera and batteries
- Insect repellent (30%+ DEET)
- Sunscreen
- Hand sanitizer
- Work gloves
- Hat or visor and sunglasses
- Water bottle
- Favorite snacks
- Plastic bags for dirty clothes
- Ear plugs
- Feminine hygiene products

Clothing

- Work clothes (bring pants and shorts; women should not plan to work in shorts)
- Modest shorts – knee-length
- Travel clothes
- Lightweight pants or capris
- Socks and underwear
- Pajamas
- Sweater or layers for chilly evenings
- Lightweight pants or capris
- Light rain jacket
- Umbrella
- Work boots and/or close-toed shoes
- Tennis shoes for activities
- Church clothes
- T-shirts
- Modest swim suit

Notes for guys

- Slacks and collared shirts are appropriate for church. No ties or sport coats are necessary
- Shirts must be worn at all times except while swimming
- Avoid “short shorts” and lightweight running/athletic shorts
- Avoid earrings
- Cover large tattoos and minimize exposure

Notes for girls

- Knee-length dresses or skirts are appropriate for church
- Please avoid spaghetti straps, shirts with cut-off sleeves or those which expose sports bras, and any low-cut, short, or tight shirts
- Shorts should be knee-length
- Swim suits must cover your abdomen
- Leggings must be layered under shorts of appropriate length (and should be only for athletics, never at schools)

Notes for all – please avoid

- Unusual haircuts
- Facial piercings/rings
- Excessive or expensive jewelry

Packing Reminders

In packing for a Service Team trip, modesty is an important consideration. You will be dealing with impressionable young children who will want to be like you and dress like you. Generally, the evangelical church around the world is more conservative than that of the US, and we don't want issues of dress and appearance to limit your ability to build relationships or show the love of Christ. Thank you for helping us set a good example for the children!

In most locations, washing machines are available if required...but we ask that you try to pack enough so that you do not need to plan on using them. Electricity can be expensive and intermittent.

If you are coming for two weeks, we can hire someone (for an additional charge) to do a minimal amount of laundry for you on Saturday, if necessary. But we ask that you try to pack enough so you don't need to plan on using this service.

It is recommended that you pack a change of clothes in your carry-on in case your luggage is temporarily lost or misplaced upon arrival.

Child Sponsorship

In your time with us you will have a chance to interact with the children in our ministry. We would like to invite you to consider sponsoring a child in our ministry with a gift of \$39 per month. As new children enter into our growing program there will be a need for sponsors to help cover the ongoing costs of caring for them, and you can be part of that care. Please visit www.kidsalive.org/sponsor or contact traci.hardel@kidsalive.org for more information.

Please consider becoming a child sponsor before going on a Service Team! This enables you to begin communicating with your sponsored child, and might allow you to visit the child you sponsor during your visit, depending on your site and schedule. Your sponsored child will also communicate with you at least twice each year with updates on their life. (Unfortunately, outside of child sponsorship, Kids Alive cannot facilitate or support any ongoing communications between a team member and a child in our program.)

If you already sponsor a child, you have the option to bring a small gift to your sponsored child during your Service Team visit. Please limit gifts to a soccer ball or what would fit in a gallon zip lock bag, such as clothes, toys, books, or stickers, with a value of no more than \$25.

We ask that you coordinate with your site directors or team hosts before giving any gifts or donations to children.

Donations

Many groups ask what they can bring to help the ministry. If you're willing to carry extra bags with donations, we really appreciate it! Here are some suggestions, or you can contact us for updates or more specifics. Many of these things are expensive or difficult to find in Peru.

Shoes

- Black dress shoes for school (for boys and girls)
- Close-toed dress shoes for church (for boys and girls)
- Sandals (for boys and girls)
- Gym shoes (for boys and girls)

New/gently used kids clothing (mostly size 4 through men's and women's medium sizes)

- Church and play clothes for boys and girls
- Swimsuits (modest one-piece for girls; longer suits for boys)
- Socks and underwear for girls and boys
- Bras and "training" bras for girls 9-19 years old

Other

- Kitchen towels and cleaning cloths
- Twin/single bed sheets
- Watches for older children
- Athlete's foot cream
- Sunscreen (40SPF or higher)
- Shampoo and conditioner
- Soap and deodorant
- Toothbrushes and toothpaste (regular and children's)
- School supplies (pens, colored pencils, crayons, dry erase and permanent markers, highlighters, construction paper, glitter glue and packets, glue sticks, pencil sharpeners, pencil cases, spiral notebooks)
- Backpacks
- Craft supplies (light-weight cardstock, designed paper, craft punches, brads, buttons, ribbon, tempera and acrylic or puffy paints sealed in Ziplocs)
- Books in Spanish for teens and staff
- Christian/children's DVDs in Spanish (many are now in both English and Spanish)
- Soccer balls, volleyballs, rubber kickballs
- Jump ropes and games
- Small gifts to use as prizes for games, good report cards, etc.
- Girls hair accessories (brushes, combs, headbands, scrunchies, etc.)
- Cake mixes

Please do not bring hard candy or gum for the children as we are working hard to educate our children in the area of dental health. Other types of cookies, chocolates, or other sweets can be given but please check with the team coordinators first.

Again, please coordinate with your site directors or team hosts before giving any gifts or donations directly to children.



Peru – Ministry Site Specifics

Lima

What is Lima like?

Peru is divided into three distinct parts: the jungle, the mountains, and the coastal desert. Lima, the capital city, is on the coast and has around nine million people (30% of Peru's population). Many people have come from the jungle and mountain areas looking for a better way of life. As a result there is much poverty and over 50% percent unemployment rate. Unfortunately, theft is common.

Coastal Peru is one of the driest places on the earth. There is no need for rainwear or umbrellas in this part of the country.

Who are the kids in our ministries?

The kids range in age from toddlers to 19 years old. The kids that live in Juniper Tree Children's Home come from orphaned, abandoned, or other difficult situations. Our program there is a long-term solution for holistic care until the children turn nineteen. Children in Oasis Care Center come from the extremely poor area of Manchay on the outskirts of Lima, and attend during the day, Monday through Friday. This program is for children up to and including grade 9.

Where will I sleep?

We have an apartment specifically for teams and you will be accommodated according to gender and space available. You do not need to bring your own bedding. Linens/bedding are provided.

What will I eat?

- We will provide milk, juice, eggs, yogurt, bacon, and bread for toast, and the team is expected to prepare their own breakfast. Visitors may choose to bring oatmeal packets or their desired brand of breakfast cereal.
- Lunch is usually sandwiches, chips, and fruit. Please bring at least one jar of peanut butter for your team.
- Dinner is usually a Peruvian meal with a salad or fruit. Chicken, rice, and potatoes are common.
- You may want to bring your favorite snacks.

Please let the missionaries know if anyone on your team has food allergies so that they can plan accordingly. Anyone with severe allergies may also want to consider bringing some of their own "safe" foods.

Typical One Week Schedule (Lima)

Saturday afternoon	Team arrives in Lima
Sunday	Attend church; lunch in a local restaurant; visit Juniper Tree and Oasis Care Center; orientation
Monday through Friday	Children's ministries, construction and maintenance; community outreach projects
Saturday (or during the week)	Trip to center of Lima; sightseeing and shopping; one-week team leaves in evening

Juniper Tree Children's Home

Juniper Tree is located in Pachacamac on the outskirts of Lima. In each of several family-style homes, house parents care for 6-8 at-risk or traumatized children, serving as role models while tending to their physical, emotional, educational, and spiritual needs. Juniper Tree is also the temporary location for House of Glory, a shelter for teen girls and their babies who have been victims of domestic violence resulting in pregnancy.

Manchay Oasis School and Care Center

Manchay is a poverty-stricken desert town on the outskirts of Lima. Homes in this city are often one- or two-room cardboard or tin shacks with dirt floors and no electricity, running water, or sanitation systems. Our ministry provides impoverished children with a quality education, meeting their physical, emotional, and social needs, and sharing with them the love of Christ. We provide a foundational preschool program as well as a full-day school through 5th grade, hoping to add 6th grade soon. We also offer homework help, nourishing food, and enrichment activities to community kids after school each day.

Pucallpa

What is Pucallpa like?

Pucallpa is located in a jungle region where it is almost always hot and muggy. It does rain quite a bit more from November to May than the rest of the year.

Pucallpa is home to about 800,000 people, mostly mestizo and some Shipibo Indian. Although Spanish is spoken, the jungle folks have their own accent that is akin to the Southern drawl in the US. Pucallpa is a busy city that is bursting with commerce as it connects Lima to the rivers of the northern jungle (it's basically the end of the road).

Who are the kids in our ministries?

The kids range in age from 7-17. These kids come from extremely poor families in the town of San José and most are from homes where only one parent or grandparent cares for them. Many are forced to drop out of school in their early teens to drive a "motocar" taxi or work as maids to provide for the family.

Where will I sleep?

We have a house specifically for teams and you will be accommodated according to gender and space available. You do not need to bring your own bedding. There is air conditioning in each of the bedrooms.

What will I eat?

Peruvian food is very tasty, and most leave here loving the local cuisine. We have a fully functioning kitchen at Misión TEC where you will be served three meals a day.

- We will often have cereal, fruit, yogurt, eggs, and toast for breakfasts.
- Lunch is a typical Peruvian meal (chicken, rice, and plantains are common ingredients).
- Dinner is usually soup and rolls.
- You may want to bring your favorite snacks.

Please let the missionaries know if anyone on your team has food allergies so that they can plan accordingly. Anyone with severe allergies may also want to consider bringing some of their own "safe" foods.

Typical One Week Schedule (Pucallpa)

Friday evening	Team arrives in Lima
Saturday morning	Connecting flight arrives into Pucallpa
Saturday afternoon	Rest and settle in; orientation; tour of sites
Sunday	Church in local community; lunch at local restaurant
Monday through Friday	Children's ministries at Misión TEC; construction, maintenance; community outreach projects
Saturday (or during week)	Sightseeing along Lake Yarina, visit to jungle zoo; one-week teams may leave on Saturday

Orchard Children's Home

The Orchard is a group of family-style homes led by loving house parents, where nutritious meals, quality education, and a loving Christian environment are provided for eight children in each home. Our goal is to increase capacity to accommodate 40 children.

Misión TEC Care Center

We have two separate programs that we run at Misión TEC. The clubs are a time for the kids to come once a week to study God's word, memorize scripture, and participate in sports and other activities. The second is a program operating three days a week, to help meet the academic and physical needs of the kids in our club program by providing a well-balanced lunch and after-school homework help and tutoring. More than 200 children now attend the combined programs.

Andahuaylas

What is Andahuaylas like?

Andahuaylas is a mountain town in the highlands of the Andes, and is around 9,600 feet above sea level, so you may experience a mild headache the first day until you adjust to the altitude. Average daytime temperatures are in the 60s year round, while overnight lows can average from mid-40s (February) to mid-30s (July).

The district of Andahuaylas has around 130,000 people, while the actual city of Andahuaylas has around 34,000. Most people in town would know both Spanish and Quechua, but many of the older people speak only Quechua and count themselves as descendants of the Chanka people. A high percentage of the population have no electricity, running water, or proper sanitation; infant mortality, malnutrition, alcoholism, teen pregnancy, and domestic abuse are major problems. There are few schools outside the main town, so most children are functionally illiterate.

Who are the kids in our ministries?

The kids range in age from 7-19 and most come from extreme poverty. Many have never been to school, and even those who have are unable to continue their education due to the great distance to secondary schools. It's not uncommon for children in this area to travel 2-3 hours one way to get to school.

Where will I sleep?

We have our teams stay in the best hotel in Andahuaylas (an optimistic 3-star!). It is clean but the pillows are generally very hard, so if you have a favorite pillow you may want to bring it. There is hot water as long as you wake up early or shower later in the day. Hot water runs out quickly in the middle of the day. It can get very cold at night, and there are typically no heaters, so pack accordingly.

What will I eat?

- Breakfast is included in the price of the hotel, but if you are used to a hearty breakfast you may need to ask for more (pretty inexpensive, so don't worry).
- Lunches will usually be at the Children's Home and is their big meal which almost always includes soup first.
- Dinner/supper is often buns, jam, and Andean cheese served at the Director's House.
- You may want to bring your favorite snacks.

Please let the missionaries know if anyone on your team has food allergies so that they can plan accordingly. Anyone with severe allergies may also want to consider bringing some of their own "safe" foods.

Typical One Week Schedule (Andahuaylas)

Saturday morning	Flight to Andahuaylas; rest and settle in; orientation
Saturday afternoon	Tour of Friends of Peru Children's Home site
Sunday	Church in local community; lunch at the Home
Monday through Friday	Children's ministries; construction, maintenance; community outreach projects
Saturday	Visit to Chanka ruins; one-week teams might leave in the evening

About Peru



Peru is located on the west side of South America and is bordered by Ecuador, Columbia, Brazil, Bolivia, and Chile. It is an immensely bio-diverse country with habitats ranging from arid to tropical and contains parts of the Andes mountain range and the Amazon basin rainforest. Peru is home to the largest lake in South America, Lake Titicaca. The coastal deserts produce little more than cacti but the cloudy slopes of the Andes boast moss, orchids, and other rich flora. The Amazon is known for its trees and canopy plants. Over 1800 species of birds, 500 species of mammals, and 300 species of reptiles inhabit this beautiful, Pacific-coast country.

Population (approximately 31.5 million)

Peru is the fourth-most populous country in South America and is expected to reach 42 million by 2050. Nearly 76% of the population lives in urban areas, with the remaining inhabiting rural regions. There are 15 uncontacted Amerindian tribes in Peru. The primary official languages of Peru are Spanish, Quechua, and Aymara. Spanish is spoken by 84% of the residents, Quechua by 13%, and Aymara by 1.7%. Amerindians comprise the biggest ethnic group in Peru (45%), followed by Peruvian mestizos at 37% percent and European descendants at 15%. The second-largest population of Asians in Latin America resides in Peru, made up primarily of Chinese and Japanese descendants. Roman Catholicism is the predominant faith with over 80% of the population describing themselves as Catholic. Evangelicals make up 12.5%, and Jewish, Mormon, and Jehovah's Witness combined account for 3.3%.

Local Time ("PET" Peru Time)

Peru only has one time zone and does not observe Daylight Saving Time. During the winter (summer in the northern hemisphere), Peruvian time is the same as North American Central Time; in the summer it is aligned with Eastern Time.

Local Currency (Peruvian Sol)

The sol enjoys a low inflation rate and is the most stable and reliable currency in Latin America. As of the time of this writing (July 2018), the exchange rate is 3.27 soles per US dollar. ATMs provide both US dollars and Peruvian soles and are widely available in larger cities and towns; credit cards are generally accepted in those areas as well. While many businesses accept US dollars, it is wise to keep some Peruvian currency for local transportation, meals, and tips. It is also recommended to bring only new, crisp US bills in small denominations.

Electrical Currency

Household and general electrical service is delivered at 220 volts/60 hz which means you will need converters and/or transformers with adapted plug heads in order to use US appliances. Some outlets will accept US plugs, which can be deceiving; use caution when plugging in hair dryers, laptops, phone chargers, etc., because the excess voltage can quickly damage or destroy American devices. It's best if you can do without hair dryers!

Local Cuisine

Peruvian cuisine reflects influences from indigenous Incan population combined with traditional Spanish, Italian, and German food culture. Potatoes and quinoa are grown locally and are heavily featured in local dishes. Other staples include corn, rice, and several native fruits. Popular dishes vary by region and can include Peruvian ceviche, arroz con pollo (chicken with rice), and stuffed peppers (rellenos). Seafood is widely served in coastal areas. Our cooks will provide a mix of Peruvian and American meals during your visit.

History

Peru was home to several ancient cultures ranging from the Norte Chico civilization (one of the six oldest in the world) in the 3rd millennium BC to the Inca Empire in the early 16th century AD. It was at this time that the Spanish Empire conquered the region and established a viceroyalty that encompassed most of its South American colonies. The city of Lima was founded as the "Ciudad de Reyes" (City of Kings) and was the seat of the viceroyalty.

Peru declared independence in 1821 and secured that status in 1824. An attempt by the Bolivian president to unite Peru and Bolivia was made in 1836 but was thwarted during the War of the Confederation; this segued into a failed Peruvian attempt to annex Bolivia. Until the War of the Pacific with Chile, Peru enjoyed relative stability and peace.

Throughout the 20th century, the country was beset by other territorial disputes, coups, and social unrest. The 1990s brought hope for economic stability and an end to egregious human rights violations, but political corruption persisted.

In the 21st century, a growing economy lies in stark contrast to ongoing border disputes with neighboring countries and poverty-stricken rural areas. Overcoming a troubled and violent history is an obstacle Peru continues to face.

Conversation

Here are some helpful Spanish words and phrases for your introduction to Peru:

ENGLISH

Welcome
Hello, my name is _____
What is your name?
How are you?
Very good
Goodbye
Excuse me
Please/Thank you
I'm sorry
Yes/No/OK
I (don't) understand
I don't know
Do you speak English?

SPANISH

Bienvenidos
Hola, me llamo _____
¿Cómo te llamas?
¿Qué tal?
Bien/Muy bien
Adiós
Perdon
Por favor/Gracias
Lo siento
Sí/No/Ok
(No) entiendo
No sé
¿Hablas inglés?

Ready to Come? Next Steps

Contact Brian Veen, Service Teams Manager, at 219-464-9035 or serviceteams@kidsalive.org

Once your trip dates are established, we will send a contract to the team leader, asking for a deposit to guarantee and hold these dates for your team. The contract will contain more information about payment schedules and necessary paperwork. Brian is available to help with any questions about process, paperwork, payments, flights, and other details.

He may also connect you to a missionary, staff member, or team host from your Service Team site, who can help already contracted teams with more details about the time your team will spend serving there...such as projects, programs, activities, and in-country logistical questions.

We look forward to working with you and helping you have a successful and meaningful trip!



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